



Creating a Culture of Peace

Basic AVP Workshop

Sponsored by the [North Carolina Alternatives to Violence Project](#) in partnership with the [NC Peace Resource Center](#)

What? Alternatives to Violence Project (AVP) helps us explore the power we all have to change hostility and destructiveness into cooperation, community, and justice.

Why? To discover new ways to reduce conflict in your world, your community, organization, or personal life. Enjoy a hands-on, fun, activity-based experience (no need to take notes!) in an intensive weekend workshop. People who've taken the training report they have connected deeply with others, laughed, shared, listened. They've experienced increased trust and self-esteem and learned ways to reduce conflict in their world—whether classroom, family, work, or community.

Where? Jamestown Friends Meeting, 509 Guilford Road, Jamestown, NC 28282

When? Friday, April 5, 2024--6:30pm to 8:30pm
Saturday, April 6, 2024--9:00am to 6:00pm
Sunday, April 7, 2024—1:00pm to 6:00pm

How much? \$20 (Lunch will be served on Saturday. There will be vegetarian and gluten-free options. Snacks and drinks will be available throughout the weekend)

RESERVE NOW, SPACE IS LIMITED!

[We will keep a waiting list for future workshops]

Contact Kathy Adams at kfadams53@gmail.com to register.

Remember . . . Peace begins with you!

FAQs

Who is AVP for? It is a program for everybody. Though founded by Quakers based on their belief in an inborn power for peace in everyone, it draws its participants and its trainers from all religions, races and walks of life.

Can I participate in just a portion of the weekend training? Participants are asked to make a commitment to be present for the entire training. Certificates of attendance will be presented to participants who attend all sessions. Continuing education credit may be available for some professionals. Check with your organization to see if this is a possibility.